

## Caswell County Schools

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March 10, 2020

Dear Caswell County Parents and Staff:

Caswell County Schools (CCS) is closely monitoring the outbreak of a respiratory illness caused by coronavirus called COVID-19. To date, there are no confirmed cases of the coronavirus in Caswell County. Senior leaders along with Caswell County's Health Department are actively in partnership discussing the latest updates from the Centers for Disease Control and Prevention and the State of North Carolina. We are closely monitoring the spread of COVID-19 and stand ready to implement any specific guidance by our local, state, and national health officials.

CCS is working to stay up to date on the best ways to keep students and employees as safe as possible through prevention measures. The Health Department recommends the following prevention measures- the same as you would for colds and flu:

- **Avoid close contact**-Avoid close contact with people who are sick and keep your distance from others to protect them from getting sick.
- Stay home when you are sick-If you or your child are sick, stay home from work, school, and errands, and please notify the school when possible. Keep enough food, regular prescription drugs, and other necessities on hand in case you need to stay home.
- **Cover your mouth and nose-**Cover your mouth and nose with a tissue or sleeve when coughing or sneezing to help prevent the spread of respiratory illnesses.
- Clean your hands-Protect yourself and others by washing your hands often with soap and and water for at least twenty (20) seconds. If soap and water are not available, use an alcohol-based hand sanitizer with 60% alcohol present.
- Avoid touching your eyes, nose, and mouth-Germs are often spread by a person touching something contaminated then touching his or her eyes, nose, or mouth.
- **Practice good cleaning habits**-Frequently clean and disinfect all commonly touched surfaces at home, work, or school (ex: doorknobs, lunch areas, countertops, phones, etc.).

Caswell County Schools will continue to stay informed and work collaboratively with the Caswell County Health Department as well as the North Carolina Department of Health and the CDC. We will continue to update you as needed.

Please visit these additional resources about Coronavirus as needed:

State: https://epi.dph.ncdds.gov/cd/diseases/COVID19.html

National: http://www.cdc.gov/coronavirus/2019-ncov/index.html

https://www.cdc.gov/coronavirus/2019-ncov/downloads/stop-the-spread-of-germs.pdf

NC Coronavirus Hotline 1-866-462-3821

Sincerely,

Andrew Tyrrell