



# **SOUTH ELEMENTARY SCHOOL**



**8925 NC HWY 86 South  
Mebane, NC 27302  
(336) 694-1212 – Phone (336) 694-1249 – Fax**

Stephen P. Evans, Principal

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Date: 3-26-20

Dear South Parent(s)/Guardian(s):

During this challenging “season,” students may be struggling with a variety of anxious thoughts, feelings/emotions. With children, stress and anxiety may play out very differently from how adults display anxiousness. Additionally, most children have difficulty identifying or verbalizing their feelings. It may be helpful to start and/or to continue having conversations with your child about how they are feeling and addressing any uneasiness or anxiousness that they may be experiencing.

If you need any type of assistance, please contact me at [norma.lee@caswell.k12.nc.us](mailto:norma.lee@caswell.k12.nc.us) or contact the school between the hours of 9:00 a.m. and 1:00 p.m., Monday thru Thursday, wherein I may receive your messages and follow back up with you.

Lastly, be encouraged! We shall continue to thrive!

Sincerely,

Norma Lee, School Counselor